

IMPORTANT: TCPC POLICY

EFFECTIVE JANUARY 1, 2004 In order to maintain and support our Holistic Program (which is only funded through donations from clients) and to stabilize and support our daily operations, the Center for Positive Connections will institute a \$5 monthly membership fee (\$1.25 a week or \$60 a year). Those who wish to pay membership annually can pay \$50 for the entire year in one lump sum. (Savings: \$10). OR: you may volunteer 2 hours a month in lieu of the payment.

Membership Fee will be reduced for those on disability to \$2 a month (\$.50 a week or \$24 year). Those on disability that wish to pay membership annually can pay \$20 for the entire year in one lump sum. (Savings: \$4). Fee will be waived for those residing in treatment facilities. No one will be turned away due to lack of funds.

Suggested fees for holistic and other services will be as follows and will be collected from the receptionist upon signing in for services.

- Body Work (Massage, Reiki, cranial, Trager etc.): \$5-10 per session (regular going rates are \$50-75 per session).
- Acupuncture, Haircuts, Astrology, Yoga and Meditation: \$3-5 per session (regular going rates are yoga \$10 class; Acupuncture \$50-75 session; haircuts \$50; Astrology \$150 session; meditation \$10 class).
- Suggested donation for individual mental health counseling for those not on Ryan White: \$5.
- Educational lectures and social activities are currently funded programs, however, donations will be gratefully accepted.

NEED PEER, GROUP OR INDIVIDUAL MENTAL HEALTH COUNSELING?

ARE YOU A RYAN WHITE CLIENT?

TCPC receives reimbursement from Ryan White for psychosocial counseling for group, peer or individual counseling. If you or a family member are interested, please have your case manager send us a referral.

Sing for your Health

According to German scientists, singing strengthens the immune system. They tested the blood of people who sang in a professional choir in Frankfurt before and after a rehearsal. The body's protein immunoglobulin, which functions like an antibody, and the anti-stress hormone, hydrocortisone, increased tremendously. Doctors' advice: start singing or continue singing to boost your immune system.

Health and Empowerment Fair

For HIV educational material and testing sites, visit the African American HIV/AIDS Awareness fair on Saturday, March 13. Disability, housing and employment providers will have pamphlets for adults and teenagers. Located at the corner of NW 17 Avenue and 67 Street across from Mt. Tabor Missionary Baptist Church. Call 305-953-9638.

Earn \$340 for A Writing Study

University of Miami wants to learn emotional effects from writing. Anyone HIV positive can participate. Study seeks essays about experiences effecting health and immunity. T-cell range should be between 150 and 500. Call the Write Study at 305-284-5299.

Neuropathy Remedies

If you have painful burning sensation in your feet and are at least age 18, then a neuropathy study might help. Medication is provided for participants who must be HIV positive. Call Neurological Clinical Research Inc., Plantation, 954-475-8171.

Spiritual Influences

University of Miami study is examining psychological, spiritual and immune changes among HIV individuals and wants to know if you had a spiritual experience and if you meditate, pray, read books about spiritual quests. Receive free lab tests and \$50 compensation per visit. 305-284-5299.

Board Wants Opinions from HIV Community

As services expand, programs for medical care, social support and housing have room for improvement. The Miami-Dade Partnership wants feedback from the HIV community about potential enhancements. Individuals will share opinions at meetings about planning prevention programs and

housing opportunities, specifically HOPWA (Housing Opportunities for People with AIDS). For information about the Partnership's next meeting, call Stephanie Samuel at 305-573-4002 or e-mail her at stephaie@wsahealth.com.

Improvements for Eating Habits

By eating vegetables rather than potatoes, immune systems receive minerals. A registered nutritionist at the Prevention, Education and Treatment Center (P.E.T. Center) is available for more tidbits about healthy eating. Clients can have a session with a nutritionist every Tuesday 9am and 4:30pm with an appointment. Call AIDS Program Coordinator Carlos Rodriguez at 305-535-5540, ext. 101.

Newsletter Alerts about Medications

The AIDS Community Research Initiative of America (ACRIA) has a newsletter, "Drugs! Drugs! Drugs!" An overview of the approved anti-HIV medications" available online at www.nmac.org.

Website Reinvents Itself after Input from Readers

After receiving feedback from 6.4 million readers, Viacom and the Kaiser family foundation (KFF) - long-time fundraisers for AIDS research - created the website www.knowhivids.org, a global public-education network.

New HIV Medicine: "Romance"

Studies shows that people who have a partner and in a steady relationship tend to live longer than those neither involved with someone or in a stable relationship. Cardiovascular diseases tend to strike persons living alone, a Swiss study reported.

City of Miami: Home Repair Loan Program

The City of seeks qualified, licensed, and insured general contractors specializing in electrical, plumbing, and roofing work. The contracts are for homeowners participating in the Single Family Rehabilitation Program. Contractors interested in volunteering: call George Mensah at 305-693-3120. Homeowners who want improvements can apply for structural improvements at the Single Family Rehab Program; applications are available at the City of Miami's Department of Community Development, 444 SW Second Ave. The City's Housing Division Office at 1313 N.W. 36th St., also has applications. Website www.ci.miami.fl.us/communitydevelopment

Mental Health Treatment for Women

Agape Family Ministries provides residential substance abuse and mental health treatment for women with HIV/AIDS. In the South Miami-Dade area at 22790 S.W. 112th Ave. Family Ministries also helps women earn their high-school diploma and find a job. Call 305-235-2616, ext 151 or visit the website at www.agapefamilyministries.org.

Donate Health Equipment

If you have extra health equipment such as hospital beds and wheelchairs, then give them to the Florida Alliance for Assistive Services and Technology (FAAST) to match recipients with health aids. Call 305-762-1464. Another place for donations is the Center for Independent Living of South Florida. This organization serves people with low income and a disability. Call the Center for Independent Living of South Florida at 305-751-8025 or visit them at 6660 Biscayne Blvd. Both organizations arrange pick-up and delivery services.

Governor Wants to Eliminate Bus Passes

Florida Governor Jeb Bush has recommended eliminating funds for Medicaid clients' metro-bus passes

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There's something for everyone

CHECK OUT OUR SUPPORT GROUPS at the Center and NYC

Call to be put on our mailing list. Or better yet, sign up to receive the news by e-mail.

Want to help run a support group? Call us with your interest.

MIAMI SUPPORT GROUPS

HETEROSEXUAL SUPPORT GROUP

Every Wednesday • 7-9 pm

HETERO & FAMILY & FRIENDS SUPPORT GROUP

1st Wednesday of the month • 7-9 pm

RECOVERY HIV GROUP

Every Monday • 6:30-7:30 pm

GAY SUPPORT GROUP

Every Tuesday • 7-9 pm

GRUPO DE APOYO EN ESPAÑOL

Every Monday • 7:45-9:45 pm

SPANISH FAMILY & FRIENDS

4th Monday of the month • 7:45-9:45 pm

WOMEN'S SUPPORT GROUP

Every Saturday • Noon-2 pm at TCPC • RSVP

Luncheon provided by Pfizer/Agouron

GROUP FUNDED BY RYAN WHITE TITLE I & CDBG OF CITY OF N. MIAMI

NEW YORK

Hetero Support Group



Join our HIV heterosexual peer-led support group in NYC every Wednesday. 6-8 pm.

TCPC in collaboration with NATAP (National AIDS Treatment Advocacy Project) offers services at NATAP, 580 Broadway, #1010, NYC.

For info & directions, call the 1-888-26-NATAP or the Center at 1-888-pos-conn(767-2666).

Program Coordinator:

Stephen Joachim 718-847-1777;

e-mail: joachim1@earthlink.net.

SAVE THESE DATES: Traveling Dinner 2nd Fridays and Monthly Social on the last Sunday of the month. See page 5.

(continued from page 1)

in next year's budget. We need you to support the Medicaid bus pass program by e-mailing, writing and calling the governor, your mayor, commissioners and friends. Send Mary Hanley, a governor aide, an email at hanleym@dor.state.fl.us.

Grupo de Apoyo Heterosexual

¿Eres heterosexual y VIH-positiva? ¿Quieres divertirse, aprender a cuidarte mejor y como proteger a otros? Unete a nosotros al grupo de apoyo. Union Positiva, 305-644-0667 or 305-861-1765, 1901 S.W. First St., third floor, Miami.

CONFERENCES

- **Conference to Build United Caribbean Front against HIV/AIDS – March 5-7, 2004:** For HIV/AIDS researchers, health care and service providers, as well as people infected and affected by HIV/AIDS. "A Multicultural Caribbean United against HIV/AIDS" at the Melia Santo Domingo Hotel, Salones del Este in Santo Domingo, Dominican Republic. For info 800-291-9112.
- **The 15th Annual Black Church Week of Prayer for Healing AIDS – March 7-13, 2004:** Black-faith communities worldwide can listen to services from Catholic, Christian and Muslim leaders from Africa including Cote d'Ivoire, Ghana, Kenya, Tanzania and Zimbabwe. This is the first annual faith-based week dedicated to HIV/AIDS education and awareness. Call Balm in Gilead Inc. at 888-225-6243 or the website www.balmingilead.org/programs/weekofprayer2004/welcome.asp.
- **amFAR's National Conference – March 27-30:** International AIDS experts at amFAR's National HIV/AIDS Update in Miami. The conference highlights latest treatments and care patients. News about policy

WELCOME NEW PRACTITIONERS

- **Massage: Tony Marti, LMT** will be available by appointment for massage on Thursdays from 12-4pm. He is a licensed massage therapist in the state of Florida and is a member of the American Massage Therapy Association (AMTA) and the Florida State Massage Therapy Association (FSMTA). He has different massage techniques such as Swedish Massage, Deep Swedish Massage, trigger point therapy, and reflexology. He has also been exposed to the Japanese shiatsu and the Hawaiian Lomi Lomi.
- **Trinity Healing: Rose Vanzulen** will provide Trinity Healing, the hand of energy healing practice. Her first private session is Thursday, March 11th from 7 to 9pm and every second Thursday. For a 15-minute appointment, call the Center at 305-891-2066.

TCPC Staff and Administrative Volunteers

Sheri Kaplan <i>Executive Director</i>	Eddie Orozco <i>Peer Counselor</i>	Jack Ridgeway <i>Grants Manager</i>
Robert Diaz <i>Finance Director</i>	Richard Ortiz & Lenny Sullivan <i>HOPWA Housing Specialist</i>	Barbara Salim <i>Administrative Assistant</i>
Elizabeth Hudson <i>Executive Assistant</i>		Tim Sharp <i>Receptionist</i>

Volunteers

Tamika McClendon	Patricia Josue	Riva Saker
Vivian Calo	Millie Miranda	Guillermo Zambrano
Anthony Early		

Board of Directors

<i>President</i>	<i>Treasurer</i>	<i>Directors</i>	<i>Advisors</i>
Dr. Jose Pelayo	Lawrence Harris	Luigi Ferrer	Sheri Kaplan
<i>Vice President</i>	<i>Secretary</i>	Dr. David Newman	Issac Salver, CPA
Arnetta. E. Phillips	Crici Stroy-Martin	Liz Oppenheim	Louis Robinson

ADVERTISING RATES FOR POSITIVE VOICES MONTHLY:

- BC size \$65
- 1/2 page \$175
- 1/4 page \$125
- Full page \$300
- 1/3 page \$150

Distribution 3500 + e-mail blast and website posting
Contact Sheri at TCPC 305-891-2066

Please Note: Opinions expressed in Positive Voices Monthly are not necessarily those of the staff, board of directors or membership of The Center for Positive Connections (TCPC), its supporters, sponsors or distributors. TCPC does not endorse or recommend any product, course of medical treatment, person or company. TCPC recommends that all medical treatment be discussed thoroughly and frankly with a licensed and fully informed medical practitioner or your family physician. We take care to be accurate with the information we present, but staff volunteers, TCPC and the institutions and personnel who provide us with information cannot guarantee accuracy or accept responsibility for any damages that arise from the use of this material.

changes is explained for coordinators in HIV/AIDS prevention programs. Hyatt Regency Hotel, 400 S.E. Second Ave. Call 514-874-1998.

- **2004 XV INTERNATIONAL AIDS CONFERENCE – July 11-16, 2004,** Bangkok, Thailand. IAS Headquarters, PO Box 4249, Fulkungagatan 49, SE-102 65 Stockholm, Sweden. 8-556-970-59. www.ias.se/aids2004.com • Email: aids2004@aids2004.org

WE NEED YOU FOR A SPIRITUAL HEALING STUDY

Be part of a pilot study with the www.jaffelststitute.org, a non-profit educational and research organization that teaches energetic and spiritual healing. Dr. Jaffe MD pioneered the developments of this approach and has personally given over 25,000 healings.

The Center for Positive Connections is the host site for this ground breaking study to evaluate the effects of a unique spiritual healing therapy for people with HIV, consisting of an individual assessment of each participant's health status from Dr. Jaffe and will be based on his perception and interpretation of the person's energetic energy field patterns. Each participant will receive a spiritual healing from several of his healers, simultaneously followed by several classes of instruction about the healing process concluding with a second healing from multiple healers and a final evaluation by Dr Jaffe. This healing process is a healing through prayer that focuses on any unhealthy patterns that are discerned in the participant's energy field as perceived by the healing team. No physical touch is necessary for healing to be successful, Dr. Jaffe's orientation is from the Sufi Healing traditions, however, any person's approach to God is fine. Twenty participants needed.

Schedule for first 10 participants: 3/9 (evening) introduction; 3/10 Assessment and healing day 8am-6:30pm; 3/11, 3/15, 3/18 evening class; 3/20 Assessment and healing day #2 8am-6pm.

The second 10 participants are needed for May 3rd-14th.

Criteria: c-d 4 cell of 150-500; Viral load over 1000; not have changed meds 3 months prior, or will not change meds in the next month; provide actual copy of baseline bloodwork within 30 days prior to first session; be able to come to Positive Connections on all days scheduled; Must have a open mind, a second post blood draw after the healing sessions and the period of time without med changes need to correspond to that.

Call Sheri Kaplan at Positive Connections for qualification interview.

ONLY 20 SPOTS AVAILABLE! 305-891-2066

MEMBERSHIP HAS ITS RESPONSIBILITY

If you are registered for a social event or an educational dinner lecture or have an appointment for a holistic service, you MUST give 24 hour notice if you need to cancel. People who DO NOT CANCEL and who are NO SHOWS for appointments or events will be placed on stand-by for future appointments and services and will be UNABLE TO MAKE ANOTHER APPOINTMENT FOR 3 WEEKS. An appointment is considered cancelled if a person is more than 15 minutes late. Due to the popularity of our services and the limited number of volunteer therapists, this policy is needed. Please be courteous to other members as well as our practitioners. REMEMBER: KEEP OR CANCEL!

See front page for policy changes effective January 1, 2004

...AT THE CENTER FOR POSITIVE CONNECTIONS

All new and current clients using our services must provide documentation of HIV status, income level and residency. Please bring your documents the next time you stop by for services. We need this documentation in order to fulfill required federal guidelines from the City and County for the services provided here at the center. The government requires that all client files contain proof of status, income and residency.

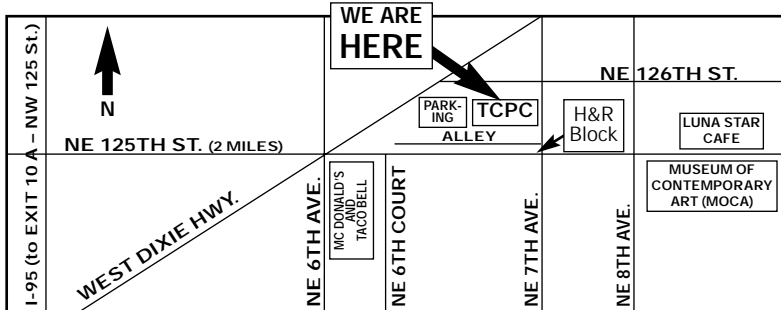
Please remember to bring in these documents so we can serve you and also get reimbursed for the services we provide. However if you are not comfortable with this request we will be happy to continue providing services to you but we will not be reimbursed for the services we provided you.

All Ryan White Clients and Case Managers – See boxed story on page 1

Volunteers greatly needed and appreciated at the center. If you have a few hours to spare, come by and give us a hand. You will help us to continue helping YOU and OTHERS WHO USE OUR CENTER. Hours are flexible.

HOURS OF OPERATION Monday through Friday 9am-9pm

12570 NE 7th Ave., Suite 104, N. Miami 33161 • 305-891-2066 • fax 305-891-5053
toll-free 888-pos-conn (767-2666) • pozconnect@aol.com • www.positiveconnections.org



THE CENTER FOR POSITIVE CONNECTIONS
PRESENTS A DINNER LECTURE

“What Now? What Next?”
A Community Update from the
11th Annual Retrovirus & Opportunistic
Infection Conference in San Francisco, CA
on Tuesday, March 30th from 6-9pm

Little Havana Restaurant, 12727 Biscayne Boulevard, North Miami

Learn the latest medical and treatment updates from the largest annual conference of doctors and scientists in the United States, reported by well-respected local physician, Dr. Michael Wohlfeiler.

TOPICS COVERED:

- Starting, switching, interrupting therapy
- Body fat changes
- Side effects/resistance
- New medications and treatments.

THE PRESENTER: Michael Wohlfeiler, M.D., J.D., is the Medical Director of Special Immunology Services at Mercy Hospital and a physician in private practice

SCHEDULE:

- Registration and exhibits 5-7pm
- A sit down dinner will be served from 6-7pm
- Lecture: 7-9 pm.

LECTURE DETAILS Seating is limited to 100. Lecture is for the HIV infected and affected community (two representatives per agency/location)

Register by March 26th at The Center for Positive Connections: 305-891-2066. **Hurry Seating will go fast!**

SPONSORED BY:



Moms Pharmacy



KUDOS AWARD



We salute the businesses, foundations, and people who have contributed or made a difference to The Center for Positive Connections in recent months. Without their support, we would not be here, so please patronize them as a way of saying thanks for helping support the HIV/AIDS community in South Florida.

- **Tamaica McClendon**, a graduating student in business, has been an intern from the Johnson and Wales University co-op program since December. Her experience volunteering as an intern at our center helped her learn hands-on experience of running a business. Thanks, Tamaica for all your assistance in helping us with our daily operation. We wish her the best in her endeavors.
- **Volunteer of the Month – Guillermo Zambrano**. Thank you, Guillermo, for all the love and dedication you bring to the center on a weekly basis. You always show up with a smiling face and very eager to assist us in anyway.
- **Membership dues**: Thank you to the 30+ members who paid their membership dues in February which helped raise \$675 for the center's operations.
- **DJ Jessie Nevel**: Thanks, Jessie, for being our DJ for our Valentines Party. Buddy Bear was ill and he covered for him at a moments notice. He did a great job getting everyone on the dance floor. If you need to reach him for hire call 305-692-1846.
- **BMS Virology** – Thank you, Julio, for sponsoring the refreshments for our Valentines party. He came through at a moment's notice and allowed us to provide a nice buffet for the 75+ in attendance.
- **Agouron Pharmaceutical** – Thank you for sponsoring the weekly women's HIV support group luncheon in January and this month (March).
- **GlaxoSmithKline** – Thank you for sponsoring the weekly women's HIV support group luncheon in February.

Any other sponsors willing to cover the costs of our weekly women's support group luncheon? Call Sheri Kaplan, Executive Director, 305-891-2066.

TCPC is on the lookout for more Angels

Have you been looking for something special . . . something to be a part of? The Center for Positive Connections HIV resource, support and healing center is seeking volunteers to spearhead our Fundraising Committee. There is nothing more satisfying than to serve a special community in need and know that you are part of a team of angels who make a difference and who enrich the lives of people living with HIV/AIDS. Use your talent and skills to assist in creating means of funding and support for the Center.

Last year, "Dilly Delhi" (our 1st major event) raised \$5000, and over 150 attended. Creating this event was not only rewarding . . . it was positively energizing to be a part of something like this! It can change your life once you see what you can accomplish.

This year our first event planned is a theme party event on Saturday, March 27 at the "Where?House, The Best Place to Party on Planet Earth" (see page 5 for details)

The Committee for our Where?house fund-raising event meets Mondays, 7:30 at the Center.

The need for high energy people to help produce events that will raise operating funds is paramount. It takes over to \$25,000 a month to operate the Center. The HIV community calls TCPC its "SANCTUARY", a place that feels like home . . . a place where they can identify with others and learn to thrive, survive and receive their healing through body, mind and spirit. The Center becomes a "new family" as they make friends with whom they can share their lives, their problems, and their solutions. The work produced daily by the dedicated staff and volunteers is made possible by the driving force and dynamic leadership of the founder Sheri Kaplan. Please join an already great group of professionals and those dedicated to the HIV/AIDS infected and affected community. Call 305-891-2066 or e-mail pozconnect@aol.com.

Together we can make a difference!



**A FEW
SPOTS STILL OPEN
PAYMENT DUE
NOW**



Join our spiritual road trip to SEDONA/GRAND CANYON

**Join The Center for Positive Connections' on its 1st LAND BASED TRIP:
APRIL 24 – MAY 1, 2004 TO SEDONA, ARIZONA and GRAND CANYON.**

Come join us for a 7-night spiritual road trip vacation from Phoenix Arizona to Sedona to the miraculous Grand Canyon! Sedona is the center for spiritual upliftment, a gateway to the new consciousness. We'll be doing everything from sightseeing the majestic wonders of the world, a visit to see the almost extinct white buffalo, experience the healing energy of the sacred earth Vortex and energy grid system. We will visit Boynton, Bell and Red Rock Canyon and many more to a powerful transformative encounter with our tour guide, Shaman Rahelio (www.rahelio.com). You will have time on your own to rent jeeps, hike around, float in a hot air balloon, see it all from a helicopter, visit new age centers to receive psychic readings, explore the many art galleries, or the Indian ruins.

Price per person includes shared hotel room, 1st and last night at the Doubletree Hotel in Phoenix, 3 nights at the Orchard Inn in Sedona and 2 nights on the rim at the Thunderbird Hotel in the Grand Canyon. Price includes ground transportation to and from airport in Phoenix, ground transportation in a 15 passenger mini van to Grand Canyon and back to Phoenix, 2 tours with Indian guide in Sedona, 2 tours in the Grand Canyon, and daily breakfast at all hotels.

Rate: \$825 p/p based on double occupancy (third person in a room \$525, single supplement add \$445). Airfare is not included. Travel agent can arrange airfare for you.

Cancellations are subject to a \$35 processing fee. Cancellations received by March 24 are subject to a fee of \$100 per person. After March 24 a 50% penalty will apply. Payment is due NOW.

Send deposits payable to travel agent Paul Stalbaum at Rita Olwell Carlson Travel, 1828 East Sunrise Blvd, Ft. Lauderdale, FL 33304.

SIGN UP NOW!

Call Paul Stalbaum at
954-764-1570 ext 12 or
800-546-2222 or email him at
pstalbaum@ritaolwelltravel.com.

Or call the sponsoring agency –
TCPC – at 305-891-2066
or 888-767-2666 or
visit our website
www.positiveconnections.org.

September 1 to 8, 2004



SHIP'S ITINERARY:

- Wed., 9/1, departs Seward, Alaska 9pm
- Thu., 9/2, cruise Prince William Sound and College Fjord (at sea)
- Fri., 9/3, Sitka (10am - 6pm)
- Sat., 9/4, Juneau (7am - 11pm)
- Sun., 9/5, Skagway (7am - 4:30pm) and cruise Lynn Canal
- Mon., 9/6, Ketchikan (11am - 8pm)
- Tue., 9/7, cruise Inside Passage (at sea)
- Wed., 9/8, arrive in Vancouver, BC, Canada 8am

PRICING: Cabin rates ARE per person for DOUBLE OCCUPANCY.

- Inside Cabin \$570 (triples or quads available).
- Outside Cabin \$820 (two lower beds, sitting area, large porthole, triples available).
- Balcony Cabin \$920 (two lower beds, sitting area, floor-to-ceiling glass door to a private balcony, triples and quads available).
- Triples and quads are available in most cabin categories and are confirmed when you make a deposit.
- Either a third or fourth person in each cabin is only \$360 p/p. Single cabins are available at twice the price the double occupancy. All staterooms have a private bathroom, vanity area, hair dryer, miniature bar, television, safe, radio and telephone.

These prices do not include alcoholic beverages, gratuity, shore excursions in ports of call, trip cancellation insurance and port-charge taxes. Prices are subject to change and availability.

PORT-CHARGE TAXES: An additional fee of \$251.42 per person must be paid at the time of final payment.

CRUISING IN ALASKA

Join Positive Connections for its "7th Annual Poz CRUISE" on a seven-day RETREAT to Alaska for the HIV community, their friends and family from across the United States.

Departs on Wednesday, September 1st from Anchorage, Alaska and arrives in Vancouver, Canada on Wednesday, September 8th.

Sail on Carnival Cruise Line's ship the Carnival Spirit for a seven-day RETREAT starting in Anchorage, Alaska and ending in Vancouver, British Columbia, Canada. The cruise is for the HIV community, their friends and family across the U.S.

Our "7-Day Southbound Glacier Route" Alaskan port-of-call adventure includes cruising through animal habitats in Prince William Sound, gazing at 16 glaciers in College Fjord, learning about sea otters' plight for survival in Sitka, rafting Mendenhall Lake in Juneau, eating fresh fish at a salmon bake in Skagway and sighting black bears in Ketchikan.

Port-of-call tours are optional and payable at the Excursions Desk onboard. For tour detail, see our website www.positiveconnections.org.

Numerous on-board social gatherings are planned: cocktail party, group photograph, hot-tub party and farewell talent show. Each night we dine together in a sit down restaurant. After dinner, we can watch a revue in the cabaret lounge, listen to live music in piano bar, play the slots or dance till dawn in the disco.

Support groups will be available throughout the cruise. You will meet many new people and possibly meet your significant other. A renowned medical doctor will be with us, so you can learn about the latest accomplishments in HIV/AIDS medical treatments.

An initial deposit of \$350 is due before April 5 and the final payment is expected by June 15.

We have only 30 cabins reserved.

Airfare is not included in the cruise price but Northwest Airlines guaranteed a ten (10%) percent discount on other airlines' lowest quotes. Call Northwest Airlines at 800-328-1111 and ask for World File #NM36Y.

CANCELLATIONS: A \$35 fee will be imposed if you cancel before June 17. Any cancellation received between June 18 and July 16 is subject to a \$385 per-person fee. There is a 50% penalty for cancellations between July 17 and August 17. There are no refunds for cancellations received after August 18.

HOW TO RESERVE: Special group rate reservations must be made through our travel agent, Paul Stalbaum at Carlson Wagonlit Travel, Mon-Fri. from 8:30am to 6pm (EST) at 800-546-2222 or 954-764-1570 ext 12. Or via email: pstalbaum@ritaolwelltravel.com. Remember to mention PozCruise when you make a reservation, so Paul gives you our group rate and includes you in our group activities.

PACKAGE INCLUDES: A seven-day cruise, nightly entertainment, all meals, one cocktail party and group photograph. There are more than a dozen bars and lounges including an Internet Café and ice-cream parlor. We have arranged for the entire group to dine together each night at 8:15pm.

PASSPORT/BIRTH CERTIFICATE REQUIRED: American citizens require a passport or a birth certificate with a government photo ID. Everyone else including Canadians must have a passport. If you are from outside the U.S., contact your consulate.

 **Carnival**
The Most Popular Cruise Line in the World

*Ship's Registry: Panama

Join us

for an HIV/AIDS Charity event to benefit
The Center for Positive Connections

on

Saturday, March 27th, 2004

*VIP
Admission –
starts
at 6pm



**General
Admission –
starts
at 9pm

“Funkadelic Playhouse”

FUN-D-RAISER

at the best place to party on planet earth

the **WHERE?HOUSE**

20204 NE 15th Court, N. Miami Beach

2 lights west of I-95 off Ives Dairy, left on NE 15th Court

Artist Bruce Grayson created this original and visually stimulating place to party. This 2000 sq.ft where?house turned art gallery has 18 ft. high colorful murals with painted floors, ceilings and walls, hand painted furniture and light sculptures. It's like walking into a scene from *Clockwork Orange*.

Bruce calls it a “visual orgasm” and a cross between Peewee Playhouse, Keith Herring, Kenny Sharf, Andy Warhol and Britto.

“I thought I'd seen it all, I thought I'd done it all but this place just blows my mind,” said a club promoter.

This is a 2 tier price level event:

- **TIER 1 VIP*** – VIP party from 6-10 pm for \$100 p/p. Includes: hors d'oeuvres, open bar, silent auction, live band and acoustic music, psychic tarot readings, DJ chair massages, dancers, live music and more
- **TIER 2 GENERAL ADMISSION**** – Begins at 9pm-till 4am for \$25 p/p. Includes: open bar, DJ, psychic readings, chair massages, dancers, live music & more

Costume contest – Dress funky, in colorful clothes, 70-80's style

Only the 1st 300 lucky souls will get to exercise their visionary towers

RSVP 305-891-2066 or email pozconnect@aol.com by March 25th.

Tell us which tier you want to attend and number of guests. Tax deductible payments can be mailed to Positive Connections at 12570 NE 7th Ave #104, North Miami, FL 33161 by March 25th or made directly with your credit card on our website with paypal – <http://www.positiveconnections.org/help.htm> Link to make a donation.

Once payment is received you are confirmed., no tickets will be necessary.

Sponsors include The Miami Herald, Lyon & Lyon Catering, Where?House, Borrow-A-Bartender.com, and National Distributors

Since August 1995, TCPC has reached over 250,000 people in the South Florida community through its functions, its educational programs and services, and its outreach to the community on HIV/AIDS prevention. TCPC currently serves over 1,300 individuals, primarily from Miami-Dade County. During these past eight years, our members have gained empowerment, emotional and social support and a deeper understanding of the issues faced by living with HIV/AIDS. Our programs are conducted by volunteers and are in part funded by private donations, foundations, and government grants. Unfortunately, in this tough economy, these funds are limited and the competition for dwindling support with other agencies is intense. This is why we are holding this fundraising event. We need to produce events that will raise operating funds. **It takes over to \$25,000 a month to operate the Center.** The HIV community calls TCPC its **SANCTUARY**, a place that feels like home... a place where they can identify with others and learn to thrive, survive and receive their healing through body, mind and spirit. The Center literally becomes their “new family” as they make new close friends with whom they can share their lives, their problems, and their solutions. The work that is produced daily by the dedicated staff and volunteers is made possible by the driving force and dynamic leadership of the founder Sheri Kaplan. **Together we can make a difference!**



March
Educational
Dinner Lectures

*For the infected
& affected HIV+
Community*

**Dinner Served
6:30-7 pm**

Lectures 7-9pm

Remember: It is necessary that you call to register at least 48 hours prior to the workshop date so that we may order catering and provide educational packets. Seating is limited to 20.

DISCLAIMER: The information presented by the speakers for our educational lectures do not reflect the opinion of the Center, its staff or its Board of Directors or sponsors.

NUTRITION SERIES • FIVE OF SIX

Thursday, March 18

Dinner 6:30-7pm • 7-9pm

**“Metabolism: An Essential
Key to Good Health”**

Metabolism includes how we digest our foods, and how we use the nutrients to fuel and nourish our body and mind.

- Low energy or high energy?
- Losing weight or gaining weight?
- Do your medications affect your metabolism?

Understand how to take control of your unique metabolic needs and optimize your health and well being through nutrition.

Presented by Susan Luck, a Registered Nurse and Clinical Nutritionist, has worked in the field of nutrition and wellness education for over 20 years and specializes in Immunology and HIV. She provides community education and individual counseling to people living with HIV. Susan currently is a nutrition consultant through Special Immunology Services at Mercy Hospital and also teaches and is involved in research at the University of Miami on a project exploring the impact of stress and nutrition on immune function in women with HIV.

Sponsored by Serono Pharmaceuticals.



Thursday, March 25

Dinner 6:30-7pm • 7-9pm

**Find Balance & Harmony
Through Feng Shui**

Seeking a new balance in your life?

Join us for a special lecture using ancient practices to bring balance to your hectic world.

Learn ancient practices from Asian traditions which will help you increase health and well being, reduce stress and enhance the quality of your life. Using the slow peaceful movements of Qigong, Dr. Mickle will demonstrate how the same principles apply to your house.

Through Feng Shui you will learn that, by making subtle changes in the environment, it is possible to enhance your health, improve relationships and attract more abundance and prosperity. Learn how these time-honored practices can bring positive changes in all areas of your life.

Presented by Kathryn Mickle, Ph.D. She has degrees in counseling and adult education as well as in educational psychology. As a seminar leader, hypnotherapist and family mediator, she has helped thousands of people reduce stress, build self-confidence, and overcome self-defeating habits. Also an author to two books and two videos including *Journey to Mastery*, *Feng Shui for Life*.

Sponsored by BMS Virology.

ADVERTISEMENT

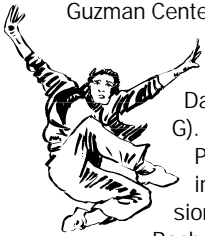
Research study recruitment

**IF YOU HAVE BEEN DIAGNOSED IN THE LAST 6-MONTHS
AND
HAVE THE LAB REPORT(S) OF ANY OF THE FOLLOWING:**

- **SYPHILLIS (Titer over 1:128 preferable)**
- **CYTOMEGALOVIRUS (CMV)**
- **HERPES**
- **RHEUMATOID FACTOR (RA)**
- **CHLAMYDIA**
- **MYCOPLASMA**
- **RUBELLA**

**PLEASE CALL (866) 525-2522
Monday-Fri (9AM-5PM)**

Compensation up to \$100 per collection for eligible participants

MARCH**Social Activities****RESERVE AT 305-891-2066****Friday, March 5 & Saturday, March 6 • 8pm****Romance Rhythm & Jazz - Ballet**

Guzman Center for the Performing Arts, 174 E. Flagler St., Miami
 Maximum Dance Company repertoire: the World Premiere Ballet Concerto by Founding Artistic Director David Palmer, set to music by Maurice Ravel (Concerto in G). Maximum Dancers Douglas Gawriljuk and Mikhael Plain present the World Premiere ballet Berimbau, inspired by Brazilian instrument Berimbau and percussions. Performance includes Maximum Dance Company's Bach de Trois, choreographed by Nikolai Kabaniaev, music by Jacques Loussier. Ten tickets for each performance. Additional tickets: 305-259-9775

Sponsored by Maximum Dance Company and MAC AIDS FUND

Saturday, March 6 • 7:30pm**Moscow Festival Ballet**

Jackie Gleason Theatre, 1700 Washington Ave., Miami Beach
 Over 50 dancers from the Kirov and Boishoi ballets leap, twist and turn through the fairytale "Cinderella". Thirty tickets. Additional tickets: 305-808 7496.

Sponsored by Concert Association of Florida and MAC AID FUND

Wednesday, March 10 • 8pm**FIDDLER ON THE ROOF**

Actors Playhouse, Coconut Grove

Filled with laughter and tenderness, Fiddler on the Roof catches the essence of a moment in history with sentiment and radiance. Winner of 9 Tony Awards, it is exuberant and touching, funny and wonderful, a musical that glows with rare entertainment and magic, featuring such classics as *Tradition*, *Sunrise Sunset*, *If I Were a Rich Man*, and *Miracle of Miracles*. Only 15 tickets. Additional tickets: 305-444-9293

Sponsored by Actors Playhouse and Mac Aids Fund

Friday, March 12 • 8pm**MIAMI CITY BALLET Program IV**

Jackie Gleason Theatre, 1700 Washington Ave., Miami Beach • Forty tickets

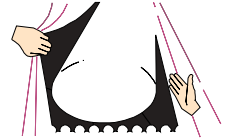
Sponsored by Miami City Ballet and MAC AIDS FUND

**Sunday, March 14 • 7pm****My One and Only**

Stage Door Theatre, Plantation

Putting on the Ritz with impeccable Broadway style, My One & Only is a sparkling confection of jazz and tap, elegance and roaring 20's romance, topped with a musical score of classic Gershwin melodies. Winner of 4 Tony Awards, featured songs include "S'Wonderful", "Strike Up the Band", and "How Long Has This Been Going On". Fifteen tickets. Additional tickets: 954 344-7765

Sponsored by Stage Door Theatre and MAC AIDS FUND

Thursday, March 18 • 8pm**Halpern & Johnson**

Coconut Grove Playhouse, 3500 Main Hwy.

Hal Linden and Brian Murray star as two very opposite men who meet at the graveside of Mrs. Halpern. Strangers to each other, but with close ties to the now-deceased Flo. Halpern and Johnson's relationship and discovery arcs from dislike and disdain to a fond, warm and often humorous experience. This is its American premiere. Only 15 tickets. Additional tickets: 786 552 0461

Sponsored by The Coconut Grove Playhouse and MAC AIDS FUND

Saturday, March 27 • 6pm-4am**Funkadelic Playhouse FUNDRAISER**

at the Where?House, 20204 NE 15th Ct., NMB. See page 5 for details

Wednesday, March 31 • 7:30pm**Madame De Sade**

New World School of the Arts, 25 NE 2nd St. Downtown Miami

Play by the celebrated Japanese poet, playwright and novelist, Yukio Mishima. Madame De Sade explores the historical incidents surrounding the life of the notorious 18th century French aristocrat, the Marquis de Sade whose sadistic sex life, pornographic writings, and amoral politics earned him the nick name "the Prince of Hell". The play explores the Marquis' long fidelity to her husband. Only 10 tickets. For additional tickets call 305-237-3541

Sponsored by New World School of the Art and MAC AIDS FUND

CANCELLED MIAMI'S TRAVELING DINNER PARTY

**NEW YORK TRAVELING DINNERS
"AROUND THE WORLD IN 12 MONTHS"**

The NY Support Group's monthly traveling dinner party continues. Do you like to try new and different food? Every month we travel to a different ethnic restaurant with other group members to socialize, enjoy fine dining, and make new friends. On the second Friday of every month. You must RSVP timely for the reservations are held with a personal credit card. It's NY - remember!

Friday, March 12th • 6:00pm • TANGERINE

We are definitely on a roll! Our first two dinners were a huge success. Next stop is THAILAND for our 3rd dinner on Friday, March 12th at TANGERINE, 228 West 10th St., between Bleeker & Hudson Sts. Cocktails - 6pm. Dinner - 7pm. Enter the "sleek and trendy" Bi-level West Villager for tasty Thai cooking. Price is \$30 per person. This includes a foreplay of assorted appetizers, gently easing into assorted main entrees, sides and the final note, a sweet ending of dessert. Beverages, tax & gratuity are additional. After dinner let's spend some time with one another and see what the

DJ spins. Space is limited so RSVP by March 5th to Alice or Susan. Please note a five-day cancellation is required for this event or you will be charged. It's on my credit card, guys.

NEW YORK SOCIALS: Each month we also provide a Social Event for the Tri-State area. Events take place on the last Sunday of the month. Space is limited for these events and reservations need to be secured as well. You must RSVP timely for the reservations are held with a personal credit card. Please remember it's NY!!!!

SUNDAY, MARCH 28. Let's enjoy an afternoon movie together and then chow down on some of NY's Best Pizza. The Angelika Film Center offers films not featured in other theaters. Coming in March is DOGVILLE, starring Nicole Kidman, Paul Bettany, Lauren Bacall. The ANGELIKA is located at 18 W Houston St. on the NE corner of Houston and Mercer. Show times TBA. Admission: \$10 per person. After the movie we'll walk 1 block to one of NY's Top Rated Best Pizza at ARTURO'S, 106 W Houston St. on the NE corner of Houston and Thompson.

For reservations, confirmations and details: Alice at Alimico7@aol.com or call 718-815-1930 or Susan at atsmackiewicz@portwide.com or call 201-240-4098.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

March 2004



1 Trager • Mental Health Body Talk • Reiki Spanish Support Group 8-10pm Recovery Group 6:30-7:30pm Fundraiser Committee 7:30pm	2 Acupuncture Yoga 7:30-9pm (Reservation required) Gay Support Group 7-9pm	3 Mental Health Massage • Yoga Acupuncture • Reiki NYC HETERO GROUP 6-8 PM Hetero Support Group & Family and Friends 7-9pm	4 Massage Mental Health (in Spanish) Acupuncture Karmic Cleansing Meditation 7-9pm	5 Maximum Dance 8pm • Gusman Downtown 10 tickets	6 Maximum Dance 8pm • Gusman Downtown 10 tickets Women's Support Group and Luncheon noon at TCPC
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7 Check out our Funkadelic Playhouse Fundraiser on March 27. Printing sponsored by Adorno & Yoss	8 Trager • Mental Health • Body Talk Spanish Support Group 8-10pm Recovery Group 6:30-7:30pm Fundraiser Committee 7:30pm	9 Acupuncture Yoga 7:30-9pm (Reservation required) Haircut by Appt. 10am-3pm Gay Support Group 7-9pm	10 Mental Health Massage • Yoga Acupuncture • Reiki NYC HETERO GROUP 6-8 PM Hetero Support 7-9pm Fiddler on the Roof Actors Playhouse • 8pm	11 Mental Health (in Spanish) Massage • Acupuncture NEW Trinity Healing 7-9pm By Appointment	12 Miami City Ballet 8pm • Jackie Gleason Theatre • 40 tickets NY Traveling Dinner Tangerine • 6pm	13 Women's Support Group and Luncheon noon at TCPC
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14 My One & Only Theatre, Plantation 7pm • Stage Door 15 tickets	15 Trager Body Talk Mental Health Recovery Group 6:30-7:30pm Fundraiser Committee 7:30pm	16 Acupuncture Yoga 7:30-9pm (Reservation required) Gay Support Group 7-9pm	17 Mental Health Massage • Yoga Acupuncture • Reiki NYC HETERO GROUP 6-8 PM Hetero Support Group 7-9pm	18 Mental Health (in Spanish) Massage • Acupuncture Halpern & Johnson Coconut Grove Playhouse • 8pm • 15 tickets ED, DINNER LECTURE Metabolism 7-9pm	19 Volunteers Needed	20 Women's Support Group and Luncheon noon at TCPC
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21 Remember... Reservations are required for all activities 305-891-2066 And please call and cancel if you cannot attend.	22 Mental Health Trager • Cranial Sacral Spanish Family & Friends Support Group 8-10pm Recovery Group 6:30-7:30pm Fundraiser Committee 7:30pm	23 Acupuncture Yoga 7:30-9pm (Reservation required) Gay Support Group 7-9pm	24 Mental Health Massage • Yoga Acupuncture • Reiki NYC HETERO GROUP 6-8 PM Hetero Support Group 7-9pm	25 Mental Health (in Spanish) Massage • Acupuncture ED, DINNER LECTURE Finding Balance & Harmony through Feng Shui 7-9pm	26 WELCOME TONY MARTI, LMT MESSAGE THERAPIST THURS. 2-4PM	27 No Women's Support Group today Funkadelic Playhouse Fundraiser at the Where?House 6-10pm & 9pm-4am see page 5 for details
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28 NY Social Movies & Pizza	29 Mental Health Trager • Body Talk Spanish Support Group 8-10pm Recovery Group 6:30-7:30pm	30 Acupuncture Yoga 7:30-9pm (Reservation required) Gay Support Group 7-9pm ED, DINNER LECTURE Community Update from Retrovirus Conference • 5-9pm DETAILS ON PAGE 3	31 Mental Health Massage • Yoga Acupuncture • Reiki NYC HETERO GROUP 6-8 PM Hetero Support 7-9pm Madame de Sade 7:30pm • New World School of the Arts • 10 tickets	POSSITIVE CONNECTIONS THE CENTER FOR SUPPORT & RESOURCE CENTER The Center for Positive Connections provides emotional, educational, social support & holistic services to the HIV infected community, targeting heterosexuals, newly diagnosed and affected family and friends. We serve those infected regardless of sex, race, economic status, religious beliefs or sexual orientation. Please bring proof of status and income to join and continue receiving services at TCPC. All activities are held at the Center unless otherwise indicated. Reservations are necessary for all events.		
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COMING UP: NUTRITIONAL LECTURE "DETOX: SPRING CLEANING YOUR BODY" • MEDICAL CHIGONG LECTURE • 4/13: BEST LITTLE WHOREHOUSE IN TEXAS AT COCONUT GROVE PLAYHOUSE • 4/24-5/1: SEDONA/GRAND CANYON