

IMPORTANT POLICY CHANGES AT THE CENTER

EFFECTIVE JANUARY 1, 2004 In order to maintain and support our Holistic Program (which is only funded through donations from clients) and to stabilize and support our daily operations, the Center for Positive Connections will institute a \$5 monthly membership fee (\$1.25 a week or \$60 a year). Those who wish to pay membership annually can pay \$50 for the entire year in one lump sum. (Savings: \$10).

If you cannot afford \$5 a month, you may volunteer 2 hours a month in lieu of the payment. Membership Fee will be reduced for those on disability to \$2 a month (\$.50 a week or \$24 year). Those on disability that wish to pay membership annually can pay \$20 for the entire year in one lump sum. (Savings: \$4). Fee will be waived for those residing in treatment facilities. No one will be turned away due to lack of funds. Suggested fees for holistic and other services

will be as follows and will be collected from the receptionist upon signing in for services.

- Body Work (Massage, Reiki, cranial, Trager etc.): \$5-10 per session (regular going rates are \$50-75 per session).
- Acupuncture, Haircuts, Astrology, Yoga and Meditation: \$3-5 per session (regular going rates are yoga \$10 class; Acupuncture \$50-75 session; haircuts \$50; Astrology \$150 session; meditation \$10 class).
- Suggested donation for individual mental health counseling for those not on Ryan White will be \$5.
- Educational lectures and social activities are currently funded programs, however, donations will be gratefully accepted.

If you have questions or concerns regarding these policy changes, drop by the center to speak with Sheri or call her 305-891-2066.

NEED PEER, GROUP OR INDIVIDUAL MENTAL HEALTH COUNSELING?

ARE YOU A RYAN WHITE CLIENT?

TCPC receives reimbursement from Ryan White for psychosocial counseling for group, peer or individual counseling. If you or a family member are interested, please have your case manager send us a referral.

Learn about latest HIV/AIDS treatment, prevention and clinical trials

AIDSinfo has an Internet pilot test called "Live Help" that answers questions about federally approved HIV/AIDS treatment and prevention research and clinical trials. Go to <http://icc2.aspensys.com/aidsinfo/intro.jsp>. The AIDSinfo Information Service is available Monday through Friday between noon and 5 pm EST at: 1-800-448-0440 or 1-301-519-0459 (International) or 1-888-480-3739 (TTY/TDD). Or email to ContactUs@aidsinfo.nih.gov.

Women set agenda after HIV/AIDS forum

Check out this website to watch a documentary about women and HIV. Sponsored by The Kaiser Network. www.kaisernetwork.org/health_cast/hcast_index.cfm?create=high_windows&linkid=1&display=detail&hc=997

You can also watch a one-day forum that focuses on women's issues. Tips include learning how to involve government, media and other organization in a national awareness campaign.

Housing assistance program apartments vacancies

The City of Miami encourages HIV-positive individuals to apply for housing assistance. The program Housing Opportunities for Persons with AIDS (HOPWA) offers low-income persons and their families an opportunity to live in subsidized efficiencies, one-bedroom, two-bedroom and three-bedroom apartments. Call 305-639-3120.

Online Pharmacy has affordable HIV/AIDS medications

A South African pharmacy has a website, www.aidsdrugsdirect.com, where you can buy medications for 60 percent less than Canadian prices. For example, 60 tablets of the drug Combivir (150/300) is \$179 from this online pharmacy. In Canada, it sells for \$479 and in the U.S. for \$679. Membership through the website costs \$79 a month.

Database provides facts about drugs treating opportunistic infections

Along with information about drugs used to treat common opportunistic infections, the AIDSinfo website has a fact sheet designed for health-care professionals and a non-technical version for the public. www.aidsinfo.nih.gov/drugsearch.asp.

Adopt a child

A free seminar about becoming an adoptive parent takes place Sunday, January 4, noon to 2 pm, 16831 NE 6th Ave., N. Miami Beach. The workshop includes learning about the application process, financial incentives and personal qualifications. Call 305-653-2474, or 800-348-0467. The website is www.adoptionflorida.org.

Website seeks endorsement from community

A new website, www.aidsvote.org, describes model HIV/AIDS policies for 2004 presidential candidates. The group involves a joint project supported by dozens of the nation's leading HIV/AIDS service, advocacy and research organizations. Its goals are to educate and inform candidates of concrete steps necessary to ensure the US as a world leader on HIV/AIDS and public health, and to educate and inform voters about candidates' opinions on these crucial issues.

Apartment for rent

A two/one duplex is for rent in Biscayne Park. It has new floor tiles and windows, air conditioning, ceiling fans and landscaped yard. No pets allowed. Rental fee is \$900 a month including a security deposit as well as first and last months' rent. Drive by to see it, 1021 N.E. 113 St. Call Carol at 305-490-0106.

Plan to distribute HIV/AIDS meds to Africans

The World Health Organization (WHO) and United Nations (UN) will provide antiretroviral (ARV) therapy to three million people with HIV/AIDS in developing countries by the end of 2005. Estimates show that only eight percent of the six million people across the world in need of antiretroviral treatment receive it. Only two percent of the estimated 4.4 million Africans have access to medications.

Volunteers blossom into national leaders

The agency Florida AIDS Action (FLAA) has recently changed its name to The AIDS Institute. The new title reflects its expansion from a volunteer grassroots movement to national agency researching public policy, advocacy and community education. For more information about drug resistance programs, Ryan White and Hepatitis, visit the website www.theaidsinstitute.org.

There's something for everyone

CHECK OUT OUR SUPPORT GROUPS at the Center and NYC

Call to be put on our mailing list. Or better yet, sign up to receive the news by e-mail.

Want to help run a support group? Call us with your interest.

MIAMI SUPPORT GROUPS

HETEROSEXUAL SUPPORT GROUP

Every Wednesday • 7-9 pm

HETERO & FAMILY & FRIENDS SUPPORT GROUP

1st Wednesday of the month • 7-9 pm

HIV GROUP WITH FOCUS ON RECOVERY +

Every Monday • 6:30-7:30 pm

GAY SUPPORT GROUP

Every Tuesday • 7-9 pm

GRUPO DE APOYO EN ESPAÑOL

Every Monday • 7:45-9:45 pm

SPANISH FAMILY & FRIENDS

4th Monday of the month • 7:45-9:45 pm

WOMEN'S SUPPORT GROUP

Wednesday • Noon-2 pm RSVP

Luncheon provided by Pfizer/Agouron

NEW YORK

Hetero Support Group

Join our HIV heterosexual peer-led support group in NYC every Wednesday. 6-8 pm.

See inside for information about NYC Holiday Party on Dec. 14!

TCPC in collaboration with NATAP (National AIDS Treatment Advocacy Project) offers services at NATAP, 580 Broadway, #1010, NYC.

For info & directions, call the 1-888-26-NATAP or the Center at 1-888-pos-conn(767-2666).

Program Coordinator:

Stephen Joachim 718-847-1777;

e-mail: joachim1@earthlink.net.

SAVE THESE DATES: Traveling Dinner January 9th and Monthly Social January 25th

SUPPORT

CORNER



(continued from page 1)

HIV Recovery Group has new time

Starting this month, The Center for Positive Connections will host an HIV Recovery support group on Mondays from 6:30-7:30 pm. Deborah Jones Ph.D will facilitate the group. Call 305-891-2066.

Use your credit card to donate to TCPC!

TCPC accepts credit card donations through the pay pal on www.positiveconnections.org/help.htm. Take advantage of this quick and easy way to make a tax deductible donation.

GREAT NEWS!

Now you can receive this newsletter via e-mail in a pdf format! Are you willing to receive your newsletter via email instead of by regular mail so we can reduce our printing and mailing costs (our biggest expense)? Say yes via e-mail. Be sure to include your postal address so we can remove your name from our mailing list. Another plus – you will receive the newsletter earlier.

Women's Support Group Luncheon

Wednesdays: noon-2pm at TCPC. Facilitated by Maria Pascual, BA.

YOGA CLASSES AT TCPC

Yoga classes with Candace Jean on Tuesday nights, 7:30-8:30pm

starting January 13th. **You must call the center by 5pm each Tuesday to reserve a spot in the class.**

Yoga on Wednesdays with Connie Ruiz from 10:30am-noon.

CONFERENCES

- **Conference to Build United Caribbean Front against HIV/AIDS – March 5-7, 2004:** HIV/AIDS researchers, health care and service providers, as well as people infected and affected by HIV/AIDS are invited to attend the "A Multicultural Caribbean United against HIV/AIDS" at the Melia Santo Domingo Hotel in the Salones del Este in Santo Domingo, Dominican Republic. Register for this free conference by January 5, 2004. For info 800-291-9112.
- **The 15th Annual Black Church Week of Prayer for Healing AIDS – March 7-13, 2004:** Black-faith communities worldwide can listen to services from Catholic, Christian and Muslim leaders from Africa including Cote d'Ivoire, Ghana, Kenya, Tanzania and Zimbabwe. This is the first annual faith-based week dedicated to HIV/AIDS education and awareness. Call Balm in Gilead Inc. at 888-225-6243 or the website www.balmingilead.org/programs/weekofprayer2004/welcome.asp.
- **Basic Course for Hypnosis Training and Certification –** The course is designed for mental-health professionals who practice hypnosis in Florida. In 2004, Dr. Harry Henshaw will teach classes on Jan. 10, Jan. 24, Jan. 31, Feb. 14, Feb. 28, March 6, March 13 and March 20. The one-day workshop starts at 9 a.m. and ends at 4 p.m. Each course is at 16831 N.E. Sixth Ave., in N. Miami Beach. For information, call (305) 498-3442.
- **National HIV/AIDS Update Conference – March 27-30, 2004:** The 2004 National HIV/AIDS Update Conference, Miami, Florida, is geared to health care professionals, service providers, community advocates, and people living with HIV/AIDS. It provides the latest information on critical prevention, treatment and care issues. For info 514-874-1998, fax 514-874-1580, email nauc@fa-events.com. www.amfar.org/cgi-bin/iowa/nauc/index.html.
- **2004 XV INTERNATIONAL AIDS CONFERENCE – July 11-16, 2004,** Bangkok, Thailand. IAS Headquarters, PO Box 4249, Fulkungagatan 49, SE-102 65 Stockholm, Sweden. 8-556-970-59. www.ias.se/aids2004.com • Email: aids2004@aids2004.org

WANTED: HIV+ VOLUNTEERS FOR A RESEARCH STUDY OF IMMUNE STIMULATION.

There is a need for new treatments to promote immune recovery in HIV infection. A new approach to stimulating immunity is being tested at the University of Miami Medical Center. We need volunteers who are taking anti-HIV medication, have undetectable viral load and at least 300 or more T cells. The study requires 14 clinic visits over 28 weeks, with experimental treatment for four weeks. Payment offered at every study-related clinic visit to cover the costs of travel/time from work or home.



For more information, contact Michael Picou R.N. at 305 324 4455, ext 4814; or Patrick Haslett M.D. at 305 243 2189.

University of Miami Res Study Number 02/211B

MEMBERSHIP HAS ITS RESPONSIBILITY

If you are registered for a social event or an educational dinner lecture or have an appointment for a holistic service, you MUST give 24 hour notice if you need to cancel. People who DO NOT CANCEL and who are NO SHOWS for appointments or events will be placed on stand-by for future appointments and services and will be UNABLE TO MAKE ANOTHER APPOINTMENT FOR 3 WEEKS. An appointment is considered cancelled if a person is more than 15 minutes late. Due to the popularity of our services and the limited number of volunteer therapists, this policy is needed. Please be courteous to other members as well as our practitioners. REMEMBER: KEEP OR CANCEL!

See front page for policy changes effective January 1, 2004

...AT THE CENTER FOR POSITIVE CONNECTIONS

All new and current clients using our services must provide documentation of HIV status, income level and residency. Please bring your documents the next time you stop by for services. We need this documentation in order to fulfill required federal guidelines from the City and County for the services provided here at the center. The government requires that all client files contain proof of status, income and residency.

Please remember to bring in these documents so we can serve you and also get reimbursed for the services we provide. However if you are not comfortable with this request we will be happy to continue providing services to you but we will not be reimbursed for the services we provided you.

All Ryan White Clients and Case Managers – See boxed story on page 1

Volunteers greatly needed and appreciated at the center. If you have a few hours to spare, come by and give us a hand. You will help us to continue helping YOU and OTHERS WHO USE OUR CENTER. Hours are flexible.

HOURS OF OPERATION Monday through Friday 9am-9pm
 12570 NE 7th Ave., Suite 104, N. Miami 33161 • 305-891-2066 • fax 305-891-5053
 toll-free 888-pos-conn (767-2666) • pozconnect@aol.com • www.positiveconnections.org

TCPC Staff and Administrative Volunteers

Sheri Kaplan <i>Executive Director</i>	Eddie Orozco <i>Peer Counselor</i>	Jack Ridgeway <i>Grants Manager</i>
Robert Diaz <i>Finance Director</i>	Richard Ortiz & Lenny Sullivan <i>HOPWA Housing Specialist</i>	Barbara Salim <i>Administrative Assistant</i>
Elizabeth Hudson <i>Executive Assistant</i>		Tim Sharp <i>Receptionist</i>

Volunteers

Tamika McClendon	Patricia Josue	Guillermo Zambrano
Vivian Calo	Millie Miranda	Izmy Rios
Anthony Early	Riva Saker	

Board of Directors

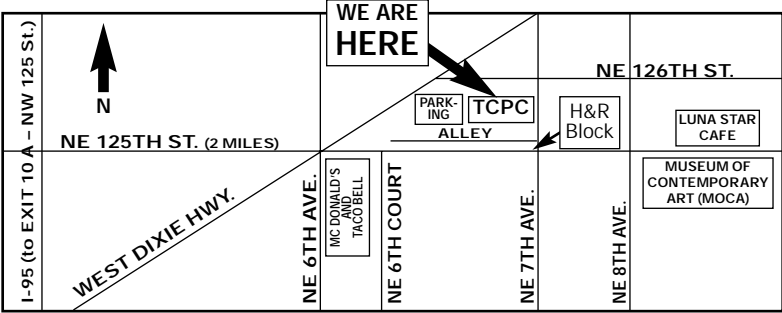
<i>President</i> Dr. Jose Pelayo	<i>Treasurer</i> Lawrence Harris	<i>Directors</i> Luigi Ferrer	<i>Advisors</i> Sheri Kaplan
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		Liz Oppenheim	Louis Robinson

ADVERTISING RATES FOR POSITIVE VOICES MONTHLY:

• BC size \$65	• 1/2 page \$175
• 1/4 page \$125	• Full page \$300
• 1/3 page \$150	

Distribution 3500 + e-mail blast and website posting
Contact Sheri at TCPC 305-891-2066

Please Note: Opinions expressed in Positive Voices Monthly are not necessarily those of the staff, board of directors or membership of The Center for Positive Connections (TCPC), its supporters, sponsors or distributors. TCPC does not endorse or recommend any product, course of medical treatment, person or company. TCPC recommends that all medical treatment be discussed thoroughly and frankly with a licensed and fully informed medical practitioner or your family physician. We take care to be accurate with the information we present, but staff volunteers, TCPC and the institutions and personnel who provide us with information cannot guarantee accuracy or accept responsibility for any damages that arise from the use of this material.



SUSIE Q'S FAMOUS



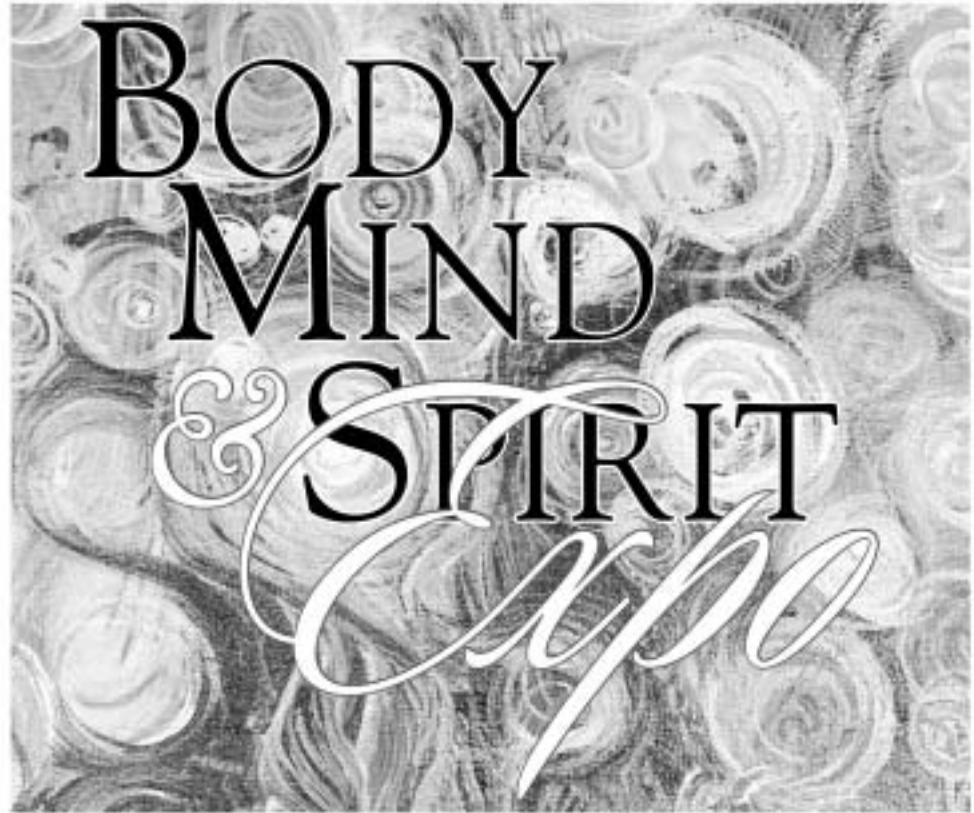
SPONSORS:



Broward
Miami-Dade & the FL Keys
Puerto Rico
West Palm Beach



Religious Science Fort Lauderdale
Deepak Chopra
January 17, 2004
www.rsfl.com



ORIGINAL CONCEPTING BY SUSAN WOODS

*Don't miss this life-enhancing event.
Body, Mind & Spirit Expo of Heart!*

• **SUNDAY, JANUARY 18** •

Third Floor, Broward County Convention Center
1950 Eisenhower Blvd., Ft Lauderdale, FL, directions: 954-765-5900

9am - 8pm

\$15 tickets at the door; registration: 8:30am
Entrance to Expo Hall, Presentations, Speakers,
Demonstrations, Art Show and Food Court

Call for Exhibitor Booth Info. Limited Availability
Promote Your Product or Service!

954-630-1610

complete info online

www.SusieQintl.com



January Educational Dinner Lectures For the infected & affected HIV+ Community

Dinner Served 6:30-7 pm

Remember: It is necessary that you call to register at least 48 hours prior to the workshop date so that we may order catering and provide educational packets. Seating is limited to 20.

DISCLAIMER: The information presented by the speakers for our educational lectures do not reflect the opinion of the Center, its staff or its Board of Directors or sponsors.



NUTRITION SERIES • THREE OF SIX

Thursday, January 15

Dinner 6:30-7pm • 7-9pm

“HAVE NO ENERGY?”

Do you crave sugar and need it to increase energy? Are you stressed out? Do you have a history of hepatitis, alcohol or drug use?

In this month’s lecture, participants will learn about:

- The possible causes for lacking energy: liver toxicity etc.
• Hypoglycemia (low blood sugar)
• Low nutrition diet
• Stress

The Road to Wellness is a 6-part educational lecture series, boosting energy, metabolism, healthy choices in nutrition and boosting the immune system. This series on nutrition provides information that will deepen the understanding of the effect of Nutrition on HIV and empower individuals to integrate nutritional guidelines into their daily lives.

Presented by Susan Luck, a Registered Nurse and Clinical Nutritionist, has worked in the field of nutrition and wellness education for over 20 years and specializes in Immunology and HIV. She provides community education and individual counseling to people living with HIV. Susan currently is a nutrition consultant through Special Immunology Services at Mercy Hospital and also teaches and is involved in research at the University of Miami on a project exploring the impact of stress and nutrition on immune function in women with HIV.

Sponsored by Serono Pharmaceuticals.

Thursday, January 22

AIDS 104 Course

Workshop 6-10pm

Dinner will be served at 5:30pm.



In this workshop you will learn the basic ABC’s of HIV/AIDS:

- The history and origin of HIV
• what is HIV; transmission, symptoms, progression
• statistics
• opportunistic infections
• treatments
• testing
• legal issues

Newly diagnosed, affected family and friends, peer educators, and volunteers are encouraged to attend.

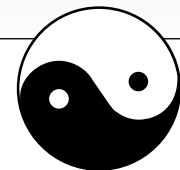
Presented by an representative of C.O.A.C.H.N. (Consulting On AIDS and Community Health Issues Now)

Sponsored by BMS Virology

Holistic Services available for you everyday

Take active participation in your own healing. Move beyond your daily regimen and learn to incorporate alternative/complementary methods of therapy into your routine to treat the body as a whole.

The Center for Positive Connections has the services you need!



BODY TALK • MESSAGES • HYPNOSIS • RESET & TRAGER THERAPY • CRANIAL SACRAL THERAPY • IRIDODOLOGY • MEDITATION • ACUPUNCTURE • REIKI • CHIROPRACTOR • LYMPH DRAINAGE • ENERGY THERAPY • YOGA

For details on our services call 305-891-2066. All services are provided by volunteer professionals. Suggested donation of \$3-10 per session is greatly appreciated.

VOLUNTEER PRACTITIONERS NEEDED.



NEW YORK TRAVELING DINNERS

"AROUND THE WORLD IN 12 MONTHS"

Join the NY Support Group for a monthly traveling dinner party. Can't take a week off to go on the cruise, like to try new and different food but can't leave the country? Every month we will travel to a different ethnic restaurant with other group members to socialize, enjoy fine dining while making new friends.

This monthly dinner will be featured on the second Friday of every month.

1st DINNER will be held Friday, January 9

First stop is Vietnam at NAM, 110 Reade St (between W Bay & Church) in Tribeca. Cocktails begin at 7pm and dinner at 8pm. NAM has offered a special rate of \$35 per plate which includes an array of all appetizers & entrée for this special evening. Cocktails, soft drinks, desserts, tax & gratuity are additional. Space limited to 16 so make sure to reserve early with your deposit of \$20. **Reservations must be made now; so first come, first served!** For information call or email Susan at 201-240-4098, smac3@optonline.net

NEW YORK SOCIALS

Members from the NY Support group have created a committee to provide a monthly Social Activity Program for the Tri-State Area. All events will take place on the last Sunday of the month beginning January 25, 2004.

JANUARY'S SOCIAL

- January 25 noon: Gospel Brunch with live entertainment included. Lola's on 22nd St. between 5th and 6th Ave. \$37 per person includes show, entrée, dessert, coffee, tea and sodas. Tax and gratuity and any alcoholic beverages will be extra. Up to 50 people can be accommodated. Sign up with a \$20 deposit needed by January 16th.

COMING IN FEBRUARY:

- Bowling @ Chelsea Piers. Lunch optional.

For reservations, confirmations, and details contact:

Alice at Alimico7@aol.com or call 718-815-1930 or Susan at smac3@optonline.net or call 201-240-4098.

PLEASE JOIN US

SUPPORT GROUP CHANGES

Women's Support Group Luncheon



Every Wednesday noon - 2pm
Funded by Ryan White Title I
Facilitated by Maria Pascaul, BA
Luncheon sponsored by Pfizer/Agouron

HIV & Recovery Group

Every Monday • 6:30-7:30 pm
This is a drop-in basis HIV+ group with a focus on recovery.

Facilitated by **Dr. Deborah Jones, PHD**

Licensed Psychologist who has 20 years experience in addiction & HIV.

KUDOS AWARD



We salute the businesses, foundations, and people who have contributed or made a difference to The Center for Positive Connections during the **month of December**. Without their support, we would not be here, so please patronize them as a way of saying thanks for helping support the HIV/AIDS community in South Florida.

- BMS Virology – \$5000 Sponsorship for the monthly educational dinner lectures for 2004
- Broward Community Foundation – \$4500 for support group and individual counseling for Broward County's HIV+ clients.
- Campbell Foundation – \$4000 for unrestricted operating expenses.
- BET (Black EntertainmentTV) – \$500 for program support
- Golden Ratio Woodworks – 2 new massage tables with headrests!
- North Miami Jaycees and Carr's Amusement – 500 carnival ride tickets for the Winternational Carnival
- Walmart/Hialeah – \$1000 program support
- Bertha's – Indoor plants
- Computer Problems Resolved! – Jeff Jenkins, Microsoft certified systems Engineer completed installment of our computer network. (561-302-9062)
- Paul Metton– Designing and assisting in computer network installation.
- Changing Room Hair Salon/Aventura – 20 gift certificates for haircuts
- Charles and Torkin Steinberg – \$250 donation toward speakers' honorarium
- Pennies from Heaven Campaign – Thank you to all those who contributed after the robberies, we were able to re-coop our losses from the damages and raised close to \$1000.
- Agouron Pharmaceutical for sponsoring the weekly Women's support group luncheon for the month of December.

and Welcome...

...**Tess Perloff**, licensed hairdresser and makeup artist. Tess is a senior master stylist from the Changing Room Hair Salon in Aventura with over 14 years experience. (If you have admired Sheri's new haircut and color, it's from her!) We are thrilled to welcome her on board. Tess will be available by appointment every 2nd Tuesday of the month from 10am-3pm.

DJ BUDDY BEAR Productions

DJs for all occasions

EVENT PLANNING



LIGHTS

Sound System Rentals

Ten percent of proceeds donated to The Center for Positive Connections.

(305) 860-8527 Office • (305) 344-0444 Pager

save the dates**Two Fantastic POZ Trips in 2004!****April 24 to May 1, 2004****SEDONA/GRAND CANYON ROAD TRIP**

Reservations being accepted now!

Join us for The Center for Positive Connections'**1st LAND BASED TRIP: APRIL 24 – MAY 1, 2004****SEDONA, ARIZONA and GRAND CANYON Trip.**

Come join us for our first road trip vacation ever from Phoenix Arizona to Sedona to the miraculous Grand Canyon! Sedona is the center for spiritual upliftment, a gateway to the new consciousness. We'll be doing everything from sightseeing the majestic wonders of the world, a visit to see the almost extinct white buffalo, experience the healing energy of the sacred earth Vortex and energy grid system. We will visit Boynton, Bell and Red Rock Canyon and many more to a powerful transformative encounter with our tour guide, Shaman Rahelio (www.rahelio.com). You will have time on your own to rent jeeps, hike around, float in a hot air balloon, see it all from a helicopter, visit new age centers to receive psychic readings, explore the many art galleries, or the Indian ruins.

Price per person includes shared hotel room, 1st and last night at the Doubletree Hotel in Phoenix, 3 nights at the Radisson Poco Diablo Hotel in Sedona and 2 nights on the rim at the Thunderbird Hotel in the Grand Canyon.

Price includes ground transportation to and from airport in Phoenix, ground transportation in a 15 passenger mini van to Grand Canyon and back to Phoenix, 2 tours with Indian guide in Sedona, 2 tours in the Grand Canyon, and daily breakfast at all hotels.

Rate: \$825 p/p based on double occupancy (third person in a room \$525, single supplement add \$445). Airfare is not included. Travel agent can arrange airfare for you.

A minimum of 12 people MUST BE BOOKED BY JANUARY 24th or the trip will be cancelled, so hurry and send it in today!

Cancellations are subject to a \$35 processing fee. Cancellations received Jan. 24-March 24 are subject to a fee of \$100 per person. After March 24 a 50% penalty will apply. A deposit of \$200 is due by Jan. 24th and final payment is due by Feb. 24th.

Send deposits payable to travel agent Paul Stalbaum at Rita Olwell Carlson Travel, 1828 Sunrise Blvd, Ft. Lauderdale, FL 33304.

**DEPOSITS
DUE THIS
MONTH!**

September 1 to 8, 2004**CRUISING IN ALASKA**

**Join Positive Connections for its
"7th Annual Poz CRUISE"
on a seven-day RETREAT to Alaska
for the HIV community, their friends**

**and family from across the United States. Departs on Wednesday,
September 1st from Anchorage, Alaska and arrives in Vancouver,
Canada on Wednesday, September 8th.**

The HIV community and friends are welcome aboard Carnival's Cruise Ship* "SPIRIT" for a 7-night southbound Glacier Route to view the breath taking glaciers of Ketchikan, Skagway, and Juneau.

Land excursions include exploring by train and helicopter, a taste of Russia in Sitka, ride the dog sleds and a chance to see humpback whales and exotic sea birds. Prepare to make many new friends and possibly meet your significant other when you dine, dance, relax, laugh and get medical-treatment updates from a top M.D.

During our group meetings expect to feel support for and connection with your new family.

Price are double occupancy and includes all meals, nightly entertainment on board, group photo, and welcome cocktail party. Rates: Inside Cabin only \$570; outside \$820; Balcony: \$920. 3/4th person in room \$360.

Port Charges are \$252. Single cabin double the room rate. A deposit of \$350 is due upon booking and must be made by April 5th, final payment is due June 15th.

SPECIAL DEAL – *If booked and deposited by December 31, 2003 your cabin will be automatically upgraded to the best cabin in the category you booked (ex: inside cabin on deck 3 will be upgraded to a higher deck, but will remain as a inside cabin).*

Airfare is not included, plan to arrive in Anchorage and depart out of Vancouver. These prices do not include alcoholic beverages, gratuity and transportation to and from the port (\$55 to/from airport), shore excursions in ports of call, trip cancellation insurance and port-charge taxes. Prices are subject to change and availability and cancellation fees will apply.

SIGN UP NOW!

To reserve for either of these trips or for more information call Paul Stalbaum at 954-764-1570 ext 12 or 800-546-2222 or email him at pstalbaum@ritaolwelltravel.com.

You can also call the sponsoring agency – TCPC – at 305-891-2066 or 888-767-2666 or visit our website www.positiveconnections.org.

Carnival
The Most Popular Cruise Line in the World.

*Ship's Registry: Panama

JANUARY Social Activities

RESERVE AT 305-891-2066



Friday, January 2 • 5pm **Florida Panthers vs Philadelphia Flyers**

Office Depot Center, 1 Panther Parkway, Sunrise.

Only 15 tickets available.

Sponsored by the Florida Panthers and the MAC AIDS FUND

Sunday, January 4th • 7pm

"ANNIE GET YOUR GUN"

Stage Door Theatre, 26 St., Ft. Lauderdale (Wilton Manors)

This is the story of Annie Oakley, a girl with a knack for shooting guns. Persuaded to join Buffalo Bill's Wild West Show, she falls hopelessly in love with Frank Butler, the show's main attraction. But when she outshines Frank, she realizes she will have to make hard decisions to win the man she loves. Get your tickets early for Broadway's 3rd longest running show in history! Only 10 tickets available. For additional tickets call 954-344-7765.

Sponsored by Stage Door theatre and The MAC AIDS FUND

Thursday, January 8th • 8pm

"Beauty of the Father"

New Theatre, 4120 Laguna St., Coral Gables

The loving and chaotic world of a family is transformed by the belief that miracles are possible. World Premiere of the new play by Nilo Cruz. Only 10 tickets. For additional tickets call 305-443 5909

Sponsored by New Theater and The MAC AIDS FUND



Friday, January 9th • 9pm **SHERI'S BIRTHDAY PARTY**

Location to be announced.

Yep, another reason to celebrate. Sheri turns 39, an age she never thought she'd see after being diagnosed 10 years prior. If you're interested in joining her and her loved ones for this special occasion, call the center and ask Liz for details.

Thursday, January 14th • 8pm

"The Chosen"

Coconut Grove Playhouse, 3500 Main Hwy., Coconut Grove

Adapted from Chaim Potok's 1967 novel and based on the 1982 movie of the same name, The Chosen stars Broadway veteran and Playhouse favorite, Theodore Bikel. This 1940s coming-of-age drama recounts the story of two Jewish teenagers who meet as rivals and blossom into best friends. Follow their lives from boyhood to manhood as they struggle with politics, meddling fathers and World War II. Only 15 tickets available. For additional tickets call 786-552-0461.

Sponsored by Coconut Grove Playhouse and The MAC AIDS FUND

***KEEP IN TOUCH.**

We get last-minute tickets throughout the month.

Sunday, January 18th • 9am-8pm

"BODY, MIND & SPIRIT EXPO"

Broward County Convention Center, 1950 Eisenhower Blvd., Ft. Lauderdale

Don't miss this life-enhancing event showcasing the Holistic Industry. Join us for a full day of healing and learning. Consisting of over 40 seminars, spiritual healers, expo exhibit hall, demonstrations, art show, free samples and door prizes. 30 tickets available. For additional tickets call 954-630-1610. Visit web site www.susieQintl.com.

Positive Connections has reserved an exhibit booth. Please spare at least 30 minutes during the day to cover our booth so staff can take a break. For directions call 954-765 5900.

Sponsored by Natural Awakenings and The MAC AIDS FUND



Saturday, January 24th • 8pm til midnight



DEEP SEA FISHING

Haulover Park, 10800 Collins Ave. (Bayside) South end of the park.

Join us on the deep blue sea for an exciting night time adventure, have some laughs and make new friends, or just try something new if you have never been fishing. Just want to watch? No problem. You can still join us. Thanks to the sponsorship of The MAC AIDS FUND, we'll be able to have all this fun at half PRICE! Regular rates are \$30; includes rod, bait and tackle. Members pay \$15 per person. If bringing your own rod, your cost - \$13. Don't want to fish but want to come along for the ride - \$13 - AND YOU CAN BRING YOUR OWN COOLER!!

Sponsored by The MAC AIDS FUND

Friday, January 30th • 8pm **"STEEL MAGNOLIAS"**

Shores Theatre, 9806 NE 2nd Ave., Miami Shores

Robert Harling's about a group of gossipy southern ladies in a small town beauty parlor. The play is alternately hilarious and touching - and, in the end, deeply revealing of the strength and purposefulness which underlies the banter of its characters. Only 15 tickets available. For additional tickets call 305-751-0562

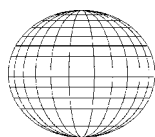
Sponsored by Shores Theater and MAC AIDS FUND

Saturday, January 31 • 8:30pm

TRAVELING DINNER PARTY

On the Road to Morocco

Around the World in 12 Months



MOROCCAN NIGHTS RESTAURANT, 9555 Harding Ave. (Collins Ave. Southbound), Surfside

Join us as we travel to a different ethnic restaurant every month. Socialize, dine, drink, and make new friends while enjoying fabulous fine food together. This month's unforgettable evening is in a unique atmosphere decorated with ornate decor straight from Morocco plus authentic Moroccan cuisine with portions large enough to share family style. We will be tantalized by the gracious movements of belly dancers in exotic costumes. Generally we are limited to 16 people but this restaurant will be able to accommodate a larger group if necessary. These dinners are FUN!! Dine at your own expense.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

January 2004

THE CENTER FOR POSITIVE CONNECTIONS
SUPPORT & RESOURCE CENTER

The Center for Positive Connections provides emotional, educational, social & housing support & holistic services to all HIV+ individuals, targeting heterosexuals, newly diagnosed and affected family and friends. We serve those infected regardless of sex, race, economic status, religious beliefs or sexual orientation. Please bring proof of status and income to join and continue receiving services at TCP. All activities are held at the Center unless otherwise indicated. Reservations are necessary for all events.

We're planning a lot of great activities in 2004!
Please join us



Center Closed

Massage
Haircut 2-5pm
Florida Panthers vs Philadelphia Flyers
5pm

We are a non-profit organization and always appreciate your help.



4
Ammie Get Your Gun
Stage Door Theatre, Wilton Manors
7pm • 10 tickets

Trager • Body Talk
Reiki • Cranial Sacral
Spanish Support Group 8-10pm
Recovery Group 6:30-7:30pm


Acupuncture
Gay Support Group 7-9pm

Mental Health • Massage • Yoga • Acupuncture • Meditation • Astrology
NVC HETERO GROUP 6-8 PM
Women's Group & Luncheon Noon-2pm
Hetero & Family & Friends Support Group 7-9pm

Mental Health
Body Talk • Acupuncture
Massage
Guided Karmic Meditation 7-9pm
"Beauty of the Father"
8pm • New Theatre

Massage
Haircut 2-5pm
"Sheri's Birthday Party" 9pm
Call Liz for details
NY Around the World
Dinner at NAM 7pm

Printing sponsored by Adorno & Yoss




11
REMEMBER
• Yoga 10:30-noon Wed.
• Drop-ins welcome
• Yoga 7:30-9pm Tues.
Reservations required

Trager • Mental Health
Body Talk • Reiki
Cranial Sacral
Spanish Support Group 8-10pm
Recovery 6:30-7:30pm

Acupuncture
Yoga (Reservation required)
NEW!
Haircuts & Makeovers
Welcome Rachel Fine & Tess Perloff 10am-3pm
By Appointment
Gay Group 7-9pm

Mental Health • Yoga • Acupuncture • Meditation
NVC HETERO GROUP 6-8 PM
Women's Group & Luncheon Noon-2pm
Hetero Group 7-9pm
The Chosen • 8pm
Coconut Grove Playhouse

Mental Health • Reiki
Massage • Acupuncture
LOOK
ED. DINNER LECTURE
"Have No Energy?" 7-9pm

Massage
Haircut 2-5pm
Walk-ins


Keep in touch...
We often receive tickets at the last minute.


18
EXPO
Body Mind & Spirit
Broward Convention Center
9am-8pm
30 tickets

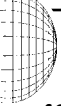
Trager • Body Talk
Mental Health
Cranial Sacral • Reiki
Recovery Group 6:30-7:30pm
Spanish Support Group 8-10pm

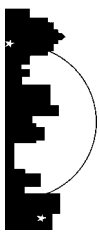
Yoga 7:30-9pm RSVP
Acupuncture
Gay Support Group 7-9pm

Yoga • Mental Health
Massage • Acupuncture
Astrology • Meditation
NVC HETERO GROUP 6-8 PM
Women's Group & Luncheon Noon-2pm
Hetero Group 7-9pm

Massage
Acupuncture
Mental Health
ED. DINNER LECTURE "AIDS 104"
6-10pm

Massage
Haircut 2-5pm
LOOK

24
Deep Sea Fishing
8pm-midnight
Haulover Park
\$15/pp


25
NY Social at Lola's
Brunch


Trager • Mental Health
Body Talk • Reiki
Cranial Sacral
Spanish Support Group
Recovery Group 6:30-7:30pm

Yoga 7:30-9pm RSVP
Acupuncture
Gay Support Group 7-9pm

Mental Health
Yoga • Acupuncture
Astrology • Meditation
NVC HETERO GROUP 6-8 PM
Women's Group & Luncheon Noon-2pm
Hetero Group 7-9pm

Massage
Acupuncture
Mental Health


Massage
Haircut 2-5pm
"Steel Magnolias"
Shores Theater
8pm
15 Tickets

31
Around the World Dinner
"Moroccan Nights"
Bal Harbor 8:30

COMING UP: JOLSON & COMPANY - COCONUT GROVE PLAYHOUSE • MIAMI CITY BALLET PROGRAM • VALENTINE'S PARTY • SEE PAGE 6 FOR TRAVEL PLANS IN 2004